First Aid and CPR

Facilitator Guide

Session Overview

Lecture & Hands-On Practical

6hrs

End of Session / Break

10m

Total Session Time: 6 hours

Main Topics of Session:

- Basics of First Aid
- Medical Emergencies
- Traumatic Emergencies
- CPR
- Defibrillation
- AED

Facilitators Needed: 1 (outside instructor)

Location: Classroom

Materials Needed:

• Any required materials will be provided by the outside instructor



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NOTE TO FACILITATOR

This session is taught by an outside instructor who will provide all of the necessary materials.

An introduction of the instructor is all that is required.



