

Crisis Referral Services

Facilitator Guide

Session Overview

Introduction	05m
Discussion – Mental Health & Crisis	30m
Discussion – Resources	10m
Closing/Questions	05m
End of Session / Break	10m

Total Session Time: 1 hour

Main Topics of Session:

- *Why We Talk About Mental Health*
- *Crisis*
- *Reaching Out*
- *Available Resources*

Facilitators Needed: 1 (outside instructor)

Location: Classroom

Materials Needed:

- *PowerPoint – Code4Northwest (brought by outside instructor)*



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**NOTE TO FACILITATOR**

This session is facilitated by an outside instructor who will provide any necessary materials.

An introduction of the instructor is all that is required.

**BREAK/END OF SESSION**