Closed Skill Testing –Final

**Learning Goal:** In order to effectively and efficiently evaluate performance at the session halfway point, C/DT Instructors must use standardized closed skill testing. Instructors must evaluate student skill level in a variety of skills in order to determine proficiency.

Total Unit hours – 4 hours

The Closed Skill Testing unit covers a small number of techniques involving the custodial or post-arrest search of suspects. This unit should build upon previously learned techniques, including control tactics and handcuffing.

Block/Class duration – 2 Hours

* Instructional content: Students will demonstrate the following techniques in a closed environment:
  + Straight Wrist Twist Lock
  + Gooseneck
  + Arm Pull Takedown
  + Bent Arm Bar Takedown
  + Figure 4 Takedown
  + Buck and Roll Escape
  + Baton Long Strikes- Angle 1, Closed Circle Strike, Angle 2
  + Baton Takedowns- Outside Line, Inside Line
* Students will be instructed to maintain testing integrity by offering each other no verbal or physical assistance during testing
* Students will contact instructors at testing stations, where they will be evaluated on the above listed techniques.
* Contract instructors will evaluate students on a 3 point scale. 1=Fail, 2,3, = Pass
* Students must show proficiency in each technique during a limited number of repetitions. Instructors will give feedback as to whether the technique was a pass or fail and as to what primary skill element was not executed in the event of a failure.

Equipment/Instructors Needed

* 4 contract instructors are needed for this test
* List of equipment: mats and gym space, handcuffs, civilian clothing, inert weapons and contraband

Warm-up Evolution: Freshman Warm Up

Always check to ensure latest version of warm up routine.

Related performance objectives

1. Given a practical closed skill test, the student will correctly demonstrate the above listed techniques.

**Control Techniques**

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| --- | --- | --- | --- |
| GOOSENECK Push- Pull to Hug Escort RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| 1. CORRECT GRIP. ❒ 2. PULL ON V'S ELBOW ❒ 3. ELBOW STABILIZED ❒ 4. WRIST FLEXED80o ❒ 5. COMPRESS ON MPJ ❒ 6. PROPER SEQUENCE ❒ 7. SUFFICIENT SPEED ❒ | 1. FLUID-MOVE-PATTERN 2. ENTRY/DISTRACTION 3. VERBAL COMMANDS 4. THUMBS CLEAR OF WRIST 5. FOOT TRAP 6. CORRECT HAND ON TOP | 1. AUTOMATICITY 2. POWER 3. VIOLATOR’S FOREARM VERTICAL 4. TAKEN FROM FLOW | 1. FLEXION FORCE NOT OVER MP JOINTS 2. WRONG HAND ON TOP 3. LACK OF FLEXION |
| COMMENTS/SCORE: \_\_\_\_\_\_ | | | |

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| --- | --- | --- | --- |
| STRAIGHT WRIST TWIST LOCK Push Pull to Hand or Finger escort entry RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| 1. CORRECT GRIP. ❒ 2. V'S ELBOW FLEXED > 60 ❒ 3. STRAIGHT WRIST WITH PRONATION FORCE ON 5TH M.P.J. ❒ 4. SUFFICIENT SPEED ❒ 5. PROPER SEQUENCE ❒ | 1. FLUID-MOVE-PATTERN 2. ENTRY/DISTRACTION 3. VERBAL COMMANDS 4. FOOT TRAP 5. CORRECT HAND ON TOP 6. HANDS AT CENTERLINE 7. SLIGHT WRIST EXTENSION | 1. AUTOMATICITY 2. POWER 3. VIOLATOR’S FOREARM VERTICAL 4. FLOW FROM OTHER TECH. | 1. WRONG HAND ON TOP 2. FORCE ON 5TH M.P.J. 3. POOR GRIP 4. HIGH HOLD OFF CENTER LINE |
| COMMENTS/SCORE: | | | |

DATE: \_\_\_\_\_\_\_\_\_\_\_ CLASS # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ LAST \_\_\_\_\_\_\_\_\_\_\_\_\_\_ FIRST

**Takedowns**

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| ARM-PULL TAKEDOWN                           P/P entry                                 RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| 1. BICEP/TRICEPS GRIP.  2. REAR STEP  3. CORRECT PULL ANGLE             4. PALM TO GROUND  5. SUFFICIENT SPEED  6. PROPER SEQUENCE   | 1. FLUID-MOVE-PATTERN 2. ELBOW PULL TO CUFFING 3. VERBAL COMMANDS | 1. AUTOMATICITY 2. POWER 3. VIOLATOR’S ELBOW UP ON TAKEDOWN | 1. GRIP |
| COMMENTS/SCORE: | | | |

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| FIGURE 4 TAKEDOWN Front Arm-Bar Entry RATER: | | |
| PRIMARY | SECONDARY | TERTIARY |
| 1. PIVOT, STEP AWAY❒ 2. ELBOW TIGHT TO BODY❒ 3. DROP CENTER FOR TAKEDOWN❒ 4. SPEED 3 SEC OR <❒ 5. PROPER SEQUENCE ❒ | 1. FLUID-MOVE-PATTERN 2. ENTRY/DISTRACTION 3. VERBAL COMMANDS 4. PROPER ROLL OVER TO CUFFING FOLLOW UP | 1. HIGH SPEED 2. AUTOMATICITY 3. POWER |
| COMMENTS/SCORE: | | |

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| --- | --- | --- | --- |
| BENT ARM BAR TAKEDOWN Front Arm-Bar Entry RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| 1. ELBOW BENT ❒ 2. SPINAL FLEXION ❒ 3. PULL ELBOW TO CHEST ❒ 4. REMAIN CLOSE TO CENTER 5. PRESSURE ON ELBOW ❒ 6. SUFFICIENT SPEED ❒ 7. PROPER SEQUENCE ❒ | 1. AUTOMATICITY 2. STUN ENTRY 3. CUP BICEP 4. ANGLE CHANGE 5. VERBAL COMMANDS 6. FOLLOW TO GROUND 7. Wrist 2 elbow/Elbow 2 Wrist | 1. POWER 2. FLUID-MOVE-PATTERN 3. ADAPTS TO STRAIGHT ARM | 1. LACK OF SPINAL FLEX 2. TOO FAR FROM VIOLATOR 3. PRESS ON SHOULDER |
| COMMENTS/SCORE: | | | |

DATE: \_\_\_\_\_\_\_\_\_\_\_ CLASS # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ LAST \_\_\_\_\_\_\_\_\_\_\_\_\_\_ FIRST \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Ground Defense**

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| SUPINE BUCK & ROLL *Escape from (mount)* bottom controlled position RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| 1. COVER HEAD 2. BUCK AND ROLL 3. ELBOW WRAP 4. SUFFICIENT SPEED 5. ARCH BACK | 1. TRAP ATTACKERS FEET 2. ENTRY/DISTRACTION 3. PROTECT GUN 4. PLANT FEET 5. PROPER FOLLOW UP | 1. HIGH SPEED 2. POWER 3. FLUID-MOVE-PATTERN 4. AUTOMATICITY | 1. ROLL WRONG DIRECTION |
| COMMENTS/SCORE: | | | |

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**Baton Strikes Takedown Series Closed Skill Test**

*Feeder will be equipped with Redman arms, chest shield, and shin guards. The feeder will walk forward and backward on a straight line for inside line and outside line takedowns, forcing the recruit to adapt to the movement. The recruit must be able to flow to a takedown on both the outside and inside line.*

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| Angle 1-Angle 4 Entry to Outside Line Takedown RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| * CORRECT GRIP ❑ * WRIST POSITION ❑ * W-H-L ALIGNMENT ❑ * FOLLOW THRU MOVEMENT PATTERN❑ * SUFFICIENT SPEED❑ * FLOW TO TAKEDOWN | * AUTOMATICITY * WEAPON CONTACT * VERBAL COMMANDS * HIP TWIST * FOOT POSITION * SECONDARY HAND | * POWER * FLUID-MOVE-PATTERN | * OPPOSITE HAND DOWN |
| COMMENTS/SCORE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |

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| Backhand Circle Strike to Inside Line Takedown RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| 1. CORRECT GRIP ❑ 2. WRIST POSITION ❑ 3. W-H-L ALIGNMENT ❑ 4. FOLLOW THRU MOVEMENT PATTERN❑ 5. SUFFICIENT SPEED❑ 6. FLOW TO TAKEDOWN | * AUTOMATICITY * WEAPON CONTACT * VERBAL COMMANDS * HIP TWIST * FOOT POSITION * SECONDARY HAND * PEGBOARD ENTRY * HOOK BLOCK TO V-ELBOW | * POWER * FLUID-MOVE-PATTERN | * OPPOSITE HAND DOWN * WIND-UP |
| COMMENTS/SCORE: | | | |

DATE: \_\_\_\_\_\_\_\_\_\_\_ CLASS # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ LAST \_\_\_\_\_\_\_\_\_\_\_\_\_\_ FIRST \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Baton Striking Pattern Closed Skill Test**

*The student will engage the green dummy with their duty baton and will execute the below listed strike pattern..*

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| BACKHAND CIRCLE STRIKE Angle 1, Backhand Circle Strike, Angle 2 RATER: | | | |
| PRIMARY | SECONDARY | TERTIARY | COMMON ERRORS |
| 1. CORRECT GRIP ❑ 2. WRIST POSITION ❑ 3. W-H-L ALIGNMENT ❑ 4. FOLLOW THRU MOVEMENT PATTERN❑ 5. SUFFICIENT SPEED❑ | 1. AUTOMATICITY 2. WEAPON CONTACT 3. VERBAL COMMANDS 4. HIP TWIST 5. FOOT POSITION 6. SECONDARY HAND | 1. POWER 2. FLUID-MOVE-PATTERN | 1. OPPOSITE HAND DOWN |
| COMMENTS/SCORE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | |