OC –Classroom and Practical Exercise

**Learning Goal**:

In order to promote Effective, Efficient and Ethical use of force, the student will learn the various components of Control and Defensive Tactics, including the situations and resistance levels that allow for its lawful use and the proper psychomotor skills involved in its employment. Police officers must work under field conditions which include the exposure to inflammatory agents. Therefore, recruits must experience a direct exposure in order to understand the effects of inflammatory agents on their senses and their ability to execute C/DT skills.

Total Unit hours – 6 Hours

Block/Class duration – 6 hours

**Instructional content:**

* **Classroom: PPT presentation (see related PPT document)**
* **Practical exercise**

1. One recruit will stand in the middle of the triangle and be sprayed in the face with pepper spray by an instructor and by the recruit who’s next in line. The recruit being sprayed must keep his/her mouth closed and eyes open.

2. At the direction of the instructor, the recruit will then engage both the instructor and the spraying recruit with a SIRT pistol, firing at least two shots on each subject. The recruit will then engage one of the three heavy bags for approximately 30 seconds using various strikes. Instructor will dictate which techniques to use, and will motivate the recruit to fight vigorously. After engaging the bag, the recruit will stand at attention, focus, and recite information as requested by the instructor (agency mission statement, RCW’s, etc.).

3. The recruit will then progress to the Bob and engage it with a rattan training stick for approximately 30 seconds.

4. The recruit will then move to the mats and conduct prone handcuffing on another recruit playing the role of a suspect.

5. After cuffing, the suspect will be placed in the back of the adjacent patrol vehicle. The recruit will then sit in the driver’s seat of the vehicle and make a radio transmission with the following information: Position, Situation, Condition. Once the transmission has been made to the instructor’s satisfaction, the drill concludes and the recruit may decontaminate with the assistance of team mates.

6. The recruit then enters the locker room for decontamination.

Equipment Needed

List of equipment:

 *Canisters of pepper spray*

 3 heavy bags

 1 “Bob” mannequin

 1 rattan training stick

 *Mats for prone high risk handcuffing*

 Patrol vehicle

 4 SIRT Guns

 Decontamination supplies

o Baby shampoo

o Tubs of water

o Towels

* Prepare approximately 6 small plastic tubs by filling them with clean water and placing them on the floor in the shower area. Baby shampoo may be mixed in with the water.
* After completing the exercise, recruits will remove duty belts and outer t-shirts, stack them neatly outside the entrance, and enter the locker room. Recruits will then kneel on the floor and submerge their faces into a tub of soap and water. Eyes should be opened when under water; face and eyes should be gently scrubbed. Recruit will then submerge face into a second tub of clean water, towel off, and exit the locker room. Showers will not be taken. An instructor or a volunteer should be in the locker room to assist recruits with decontamination and keep tubs filled.
* ***Student Uniform & Equipment:***
* *Full Gear: t-shirt, tactical pants, ballistic vest, shoes, duty belt, protective cup (recommended)*
* ***Additional:***
* *Recruits should have a change of clothing for post-spray participation.* Decontamination instructions should be given to recruits before the exercise begins.
* ***Safety and Protocol:*** 
  + ***NO LIVE WEAPONS- WEAPONS CHECK OF INSTRUCTORS MUST BE COMPLETED BEFORE COMMENCING TRAINING***
  + *NO CONTACT LENSES*
  + *Mouth closed, eyes open when getting sprayed*
  + *Instructors, monitor students’ demeanor for signs of physical distress. Ensure they continue to breathe throughout the exercise*
  + *Full shower after exposure should be avoided; OC spray residue will run down the body and create additional discomfort*
  + Place enough mats on the ground to perform prone high risk handcuffing. Park a patrol vehicle next to the mats. Place a driver’s license on the dash of the patrol vehicle

Warm-up Evolution: Freshman Warm Up – student led

Always check to ensure latest version of warm up routine.

Related performance objectives

1. Given a practical open skill test, the student will apply appropriate counter measures following direct OC exposure.