## **Non-Verbal Communication Indicators**

**1. Fight Indicators:** Dropped head or chin

Fixed stare

Tensed upper body muscles especially around neck

Short, choppy gestures/verbal communication

Hands on hips, elbow outward

Rolling shirt sleeves up

Blades his body away (fighting stance)

Knuckle-popping, loosening of fingers, flexing of

fingers, fists clenched

Drying of hands Raised eyebrows

Red face (facial color change) Mouth tense, lips down at corners

Flared nostrils Self-touching

Trembling limbs/extremities

Nodding/shaking head without any reason

2. Flight Indicators: Raised chin

Darting eyes, looking away

"Happy feet"

Angling or walking away

**3. Deception Indicators:** Self-touching (folding of arms, scratching)

(Non-Verbal)

Shoulder shrug

Throat clearing

Frequent swallowing

Sweaty palms

Adams apple jump Rapid eye blinking

Unnatural gesticulations

Unnatural smiling

Tenseness Nervousness Body stiffness Squinting

Decreased smiling Hand to head/mouth

Yawning Stuttering

Rapid/increased blood pressure (watch the neck)