BLEA 8 hour Introduction to CIT

Learning Objectives:

* Identify the different levels of intervention in the Sequential Intercept Model as presented in class.
* In a mock scene demonstrate skills presented to communicate with a subject experiencing a Mental Health Crisis as presented by the instructor.
* In a mock scene demonstrate skills presented to communicate with a subject with a developmental disability as taught by the instructor.
* In a mock scene demonstrate skills presented in class to de-escalate a subject experiencing a mental health crisis.
* On a given assignment research and answer questions on resources available for presented scenarios, for the officer’s assigned jurisdiction.
* On a given assignment write an Involuntary Treatment Act Referral using the criteria presented in class.
* In a mock scene demonstrate skills presented to communicate with a subject experiencing a mental health crisis as presented by the instructor.
* In a mock scene demonstrate skills presented to communicate with a subject with a developmental disability as taught by the instructor.
* In a mock scene demonstrate skills presented in class to de-escalate a subject experiencing a mental health crisis.
* Identify two common characteristics of a person exhibiting “Officer Assisted Suicide” tendencies as presented in class.
* In an exercise involving a potentially suicidal subject, using simulated GPS coordinates, locate the subject.

AGENDA

Personal Introduction & Learning Objectives 05m

Introduction to CIT 15m

Sequential Intercept Model 30m

SMALL GROUP EXERCISE – Predictors of Violence 10m

Types of Crisis Intervention 10m

Identifying Mental Health Behaviors 80m

Developmental Disabilities 20m

Involuntary Treatment Act 20m

Dementia 20m

Post-Traumatic Stress/TBIs 15m

Introduce Regional Resource Exercise 05m

BLOCK #2

Review of Regional Resource Exercise 15m

**INDIVIDUAL EXERCISE** – ITA written report 30m

Crisis Communication Skills (CIALAS) 30m

Escalation Cycle and Intervention 100m

Suicide Intervention  30m

Suicide by Cop 15m

GPS/Cell Phone Rules 10m

**GPS EXERCISE**  10m