

Tactical Thinking A

Facilitator Guide

Session Overview

Introduction & Learning Objectives	05m
Emotional Intelligence & “Greatest Speech”	10m
MEDIA – Skateboard-Hating Cop	05m
GROUP EXERCISE – Perspective Writing (20/15)	35m
End of Session / Break	05m

Total Session Time: 1 hour

Main Topics of Session:

- *Emotional Intelligence*
- *Self Control*
- *Mental Preparation for Patrol*
- *Communication Skills*

Facilitators Needed: 1(Cmdr)

Location: Classroom

Materials Needed:

- *Books:*
 - The Emotional Intelligence Quick Book
 - Verbal Judo
- *PowerPoint - Tactical Thinking A*
- *MEDIA (4 min) – Skateboard-Hating Cop*
- *Perspective Cards[p]*

Students Should Already Have:

[THUMB DRIVE]

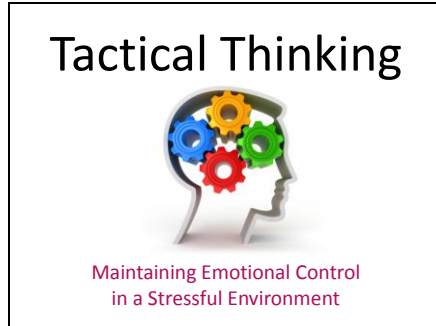
- *HANDOUT[p] – EI Areas*
- *HANDOUT[p] - Crucial Conversations Excerpt - Worst Behavior*



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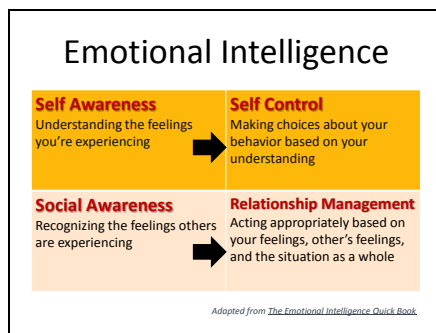
Slide 1



Learning Objectives

- Describe the 4 basic areas of emotional intelligence as explained in the book The Emotional Intelligence Quick Book.
- Relate emotional intelligence principles and definitions to everyday life and patrol work.
- Explain the importance of self control as a law enforcement officer.
- Watch and analyze a video clip of a police officer in a confrontation and write a response taking the perspective of a person who is not a police officer.
- Strategize on how to avoid embarrassing behaviors while on duty.

Slide 2



NOTE TO FACILITATOR

Briefly review the fundamentals of EI. Use this slide and clarify the four main areas of EI as explained in the book The Emotional Intelligence Quick Book.

- Must have self awareness before you can control yourself
- Must have social awareness before you can manage relationships effectively
- Relationship Management is the hardest of these areas to master

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NOTE TO FACILITATOR

Reference the selected page from Verbal Judo, by George Thompson: “The Greatest Speech You’ll Ever Live to Regret.”

SEE FILE: FG Supp - Verbal Judo Page



STUDY


STUDY MATERIAL - HANDOUT[p] - EI Areas

Instructions: This handout was adapted from the book, The Emotional Intelligence Quick Book.

Slide 3

Scale of 1 – 10?

- How important is emotional control for a law enforcement officer?

A photograph of a middle-aged man with a balding head, wearing a grey shirt. He has a very angry and aggressive expression, with his mouth wide open as if shouting or shouting, and he is pointing his right index finger directly at the viewer.

DISCUSSION

QTC: If you were to rate emotional control on a scale of 1 to 10, how important is it for cops?

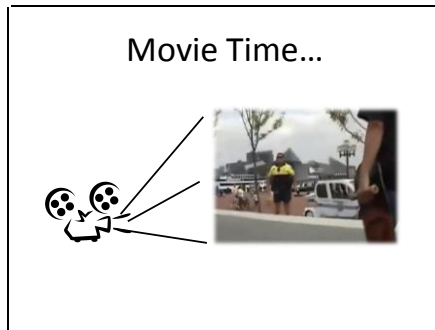
QTC: Have you witnessed this before? What were your reactions to the behavior?



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Slide 4



switch to movie clip file




MEDIA (4 min) - Skateboard-Hating Cop

Slide 5

Group Exercise

1. Each group draws a card.
2. Take the point of view of the person on your card.
3. Your group has 10 minutes to write a short piece (2-4 paragraphs) from that perspective.
4. Someone from your group will read your completed piece to the class.



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GROUP EXERCISE - Perspectives on the Video Clip

Time: 35 min (10 work / 25 share results)

Materials: • Perspective Cards[p]

Instructions: Considering the video you just saw, each group will draw a card with a role to play, and your group will write a 2-4 paragraph response from the point of view of the person listed on your card.

Your group's response will be read out loud to the class. It will not need to be submitted in a particular format; however, it must be written out (handwritten or typed on a computer). You cannot just 'wing it' and make it up as you go.

Choose your wording carefully and be realistic about how you would handle this situation from the point of view of the person on your card.

- Reporter for the local newspaper
- Parent of child writing complaint letter
- Police chief speaking about the incident at community meeting with outraged citizens
- Sergeant who must write letter of reprimand for officer's file
- Apology note/letter from the officer to the family (pretend you are helping that officer write it)

NTF: Move from group to group and ensure they are putting something on paper. Do not allow them to fake it. One way to ensure that it's written out is for *you* to choose the person from each group to read it out loud. This prevents the group's best impromptu speaker from fudging it.




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Slide 6

Journal Reminder



- Write an entry about this exercise
- Which perspective was the hardest to write? Why?
- What will you do to make sure you're never featured in a video like this?



IDEA

JOURNAL-IDEA - Self Control

Instructions: Consider journaling about the following:

- Which perspective do you think was the hardest to write? Why?
- What will you do to make sure you're never featured in a video like this?



STUDY

STUDY MATERIAL - HANDOUT[p] - Crucial Conversations Excerpt - Worst Behavior

Instructions: This handout contains an excerpt from the book, Crucial Conversations: Tools for Talking When Stakes are High.



END OF SESSION

