



SAY TO CLASS

The following "Power and Control Wheel" was developed to describe these tactics. It was developed in Duluth, Minnesota, by the Domestic Abuse Intervention Project and draws on the experiences of many victims of domestic violence.

The power and control wheel is a particularly helpful tool in understanding the overall pattern of abusive and violent behaviors, which are used by a batterer to establish and maintain power and control over his/her partner. Very often, one or more violent incidents are accompanied by an array of these other types of abuse. They are less easily identified, yet firmly establish a pattern of intimidation and control in the relationship.

- Developed based on victim experiences
- Tool in understanding
- Abusers use more than one kind of tactic