

SESSION V  
MUSCLE TONE

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Upon successfully completing this session, the participant will be better able to:

- o        Describe how various drug categories affect muscle tone.

CONTENT SEGMENTS

- A.        Muscle Tone

LEARNING ACTIVITIES

- o        Instructor-Led Presentations

## A. MUSCLE TONE

The effect of some drugs on the user may be observed in their muscle tone. Muscle tone may be normal, rigid, or flaccid.

Dissociative Anesthetics, Stimulants and Hallucinogens, primarily cause a rigid, tense or stiff feeling in the muscles. Some drugs, i.e., Depressants and Narcotics, often will cause the muscles to be very flaccid or loose and relaxed. Subjects with rigid muscle tone may appear very stiff and exhibit very jerky movements. Flaccid muscle tone will usually be evidenced by loose, relaxed movements. Evidence of muscle tone may become apparent when the suspect attempts to perform the divided attention tests.