

SESSION X  
"DRY RUN" PRACTICE SESSION

## SESSION X

### "DRY RUN" PRACTICE SESSION

Upon successfully completing this session, the participant will be able to:

- o Demonstrate the proper administration of the three Standardized Field Sobriety Tests.

#### CONTENT SEGMENTS

#### LEARNING ACTIVITIES

- |  |   |                              |
|--|---|------------------------------|
| A. Procedures and Group Assignments    | o | Instructor-Led Presentation  |
| B. Live Administration of SFST Battery | o | Instructor-Led Demonstration |
| C. Hands On Practice                   | o | Participant Practice Session |

## "DRY RUN" PRACTICE SESSION

In this session, you will work with other participants, taking turns administering the Standardized Field Sobriety Tests to each other. When you are not administering a test or serving as the test subject, you will be expected to observe the test administrator and subsequently help critique their performance.

The Student Performance Checklist (shown on the next two pages) should be used to help you monitor a fellow student's performance as a test administrator.

PARTICIPANT PERFORMANCE CHECKLIST  
STANDARDIZED FIELD SOBRIETY TEST BATTERY

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

I. HORIZONTAL GAZE NYSTAGMUS

- \_\_\_\_ 1. Have subject remove glasses if worn.
  
- \_\_\_\_ 2. Stimulus held in proper position (approximately 12"-15" from nose, slightly above eye level).
  
- \_\_\_\_ 3. Check for equal pupil size and resting nystagmus.
  
- \_\_\_\_ 4. Check for equal tracking.
  
- \_\_\_\_ 5. Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject's face to maximum deviation in right eye, then back to center. Check left eye, then right eye. (Repeat)
  
- \_\_\_\_ 6. Eye held at maximum deviation for a minimum of four seconds (no white showing). Check left eye, then right eye. (Repeat)

\_\_\_\_7. Eye moved slowly (approximately 4 sec.) from center to 45 angle.

Check left eye, then right eye. (Repeat)

\_\_\_\_8. Check for Vertical Gaze Nystagmus. (Repeat)

## II. WALK-AND-TURN

\_\_\_\_1. Instructions given from a safe position.

\_\_\_\_2. Tells subject to place feet on line in heel-to-toe manner (left foot behind right foot) with arms at sides and gives demonstration.

\_\_\_\_3. Tells subject not to begin test until instructed to do so and asks if subject understands.

\_\_\_\_4. Tells subject to take nine heel-to-toe steps and demonstrates.

\_\_\_\_5. Explains and demonstrates turning procedure.

\_\_\_\_6. Tells subject to return with nine heel-to-toe steps.

- \_\_\_\_7. Tells subject to count steps out loud.
- \_\_\_\_8. Tells subject to look at feet while counting.
- \_\_\_\_9. Tells subject not to raise arms from sides.
- \_\_\_\_10. Tells subject not to stop once they begin.
- \_\_\_\_11. Asks subject if all instructions are understood.

### III. ONE-LEG STAND

- \_\_\_\_1. Instructions given from a safe position.
- \_\_\_\_2. Tells subject to stand straight, place feet together, and hold arms at sides.
- \_\_\_\_3. Tells subject not to begin test until instructed to do so and asked if subject understands.
- \_\_\_\_4. Tells subject to raise one leg, either leg, approximately 6" from the ground, keeping raised foot parallel to the ground, and gives demonstration.

- \_\_\_\_5. Tells subject to keep both legs straight and to look at elevated foot.
- \_\_\_\_6. Tells subject to count by thousands in the following manner: one thousand and one, one thousand and two, one thousand and three, until told to stop, and gives demonstration.
- \_\_\_\_7. Checks actual time subject holds leg up.

Instructor: \_\_\_\_\_