

**PRINCIPLES AND TECHNIQUES OF TRAINING IN  
STANDARDIZED FIELD SOBRIETY TESTING**

**THE SFST INSTRUCTOR TRAINING SCHOOL**

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## **COURSE OVERVIEW**

This course addresses the application of some basic adult learning rules and four presentation skills for effective teaching. Participants learn techniques for delivering training to adults from instructor demonstrations and class participation. They will learn how to create and use activities that influence attitudes (affective domain); how to create and use activities that build skills and knowledge (psychomotor and cognitive domains); and how to create and develop interactive learning activities. Participants also learn how to develop and effectively use visuals and other training aids.

Participants will make several presentations and then receive one-on-one feedback and coaching from an instructor.

## **COURSE OBJECTIVES**

Given an opportunity to apply material and techniques presented in this course, participants will be able to:

- Explain the adult learning rules addressed in this manual and their importance in conducting effective training programs.
- Describe various positive motivation techniques covered and used during this workshop.
- Discuss the four-step process for teaching and learning.
- Demonstrate effective questioning techniques addressed in this manual to facilitate adult learning.
- Identify strategies for handling challenging situations in the classroom.
- Develop and use various training aids used and addressed in this course.
- Learn the roles and responsibilities of instructors in conducting NHTSA training programs.